

Journal Prompts

FOR SELF-REFLECTION

PART
7

51. WHAT MAKES ME UNIQUE?

52. WHAT IS MY FAVORITE SUNDAY RITUAL?

53. NOBODY KNOWS THAT I . . .

54. WHO MADE ME FEEL GOOD THIS WEEK?

55. HOW WOULD I LIKE TO MAKE THIS WORLD A BETTER PLACE?
HOW CAN I BEST SHARE MY GIFTS WITH THE WORLD?

56. WHAT BOOK DID I READ OVER AND OVER AGAIN AS A CHILD?

57. HOW DID I PROCRASTINATE ON IMPORTANT TASKS THIS WEEK?

58. HOW WOULD MY BEST FRIEND DESCRIBE ME?

59. WHAT AM I LOOKING FORWARD TO NEXT WEEK?

60. WHAT IS ONE THING I CAN DO TO REST AND REFRESH?