



October

PLANNER

#More than
enough

www.chooseREALcampaign.com

♡ October ^x

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Notes

30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

Daily PLANNER

TODAY'S *focus*

3 MOST IMPORTANT THINGS

TO DO LIST / TASKS

-
-
-
-
-
-
-
-
-
-
-
-

THINGS THAT CAN WAIT TILL TOMORROW

IDEAS / NOTES

EXERCISE / HEALTH

SELF-CARE / REFILL

DATE:

TODAY I AM CREATING THE POSSIBILITY OF...

DAILY DRAFT

7AM
8
9
10
11
12
1
2
3
4
5
6
7

DAILY HABBITS

MOMENTS OF *gratitude*

WEEK'S focus

Weekly PLANNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
#1 THING FOR TODAY	#1 THING FOR TODAY	#1 THING FOR TODAY	#1 THING FOR TODAY	#1 THING FOR TODAY	#1 THING FOR TODAY	#1 THING FOR TODAY
AM	AM	AM	AM	AM	AM	AM
NOON	NOON	NOON	NOON	NOON	NOON	NOON
PM	PM	PM	PM	PM	PM	PM

TO DO / TASKS	TO DO / TASKS	TO DO / TASKS	TO DO / TASKS	TO DO / TASKS	TO DO / TASKS	TO DO / TASKS
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I AM THANKFUL FOR: I AM THANKFUL FOR: I AM THANKFUL FOR: I AM THANKFUL FOR: I AM THANKFUL FOR: I AM THANKFUL FOR: I AM THANKFUL FOR:

October

PLANNER

*I will
choose
real
everyday*

*You
got this!*

MY MONTHLY FOCUS:

MY GOALS:

MAJOR TASKS:

HOW I WANT TO GROW:

WHAT I WANT TO LET GO OF:

BE THE GIFT
HOW CAN I MAKE A DIFFERENCE:

REST / REFILL PLAN:

October

REFLECT

*I am
more than
enough!
no matter
what.*

WINS / HIGHLIGHTS

LESSONS

HOW DID I GROW

NEXT TIME / NEXT STEPS

WHAT DO I WANT TO DO MORE OF

WHAT DO I WANT TO DO LESS OF

WHAT AM I THANKFUL FOR