



May

PLANNER

#More than
enough

www.chooseREALcampaign.com

♥ May x

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Notes

29

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2

Daily PLANNER

TODAY'S

focus

DATE:

TODAY I AM CREATING THE
POSSIBILITY OF...

3 MOST IMPORTANT THINGS

DAILY DRAFT

7AM

8

9

10

11

12

1

2

3

4

5

6

7

TO DO LIST / TASKS

DAILY HABBITTS

THINGS THAT CAN WAIT TILL TOMORROW

IDEAS / NOTES

MOMENTS OF

gratitude

EXERCISE / HEALTH

SELF-CARE / REFILL

WEEK'S focus

Weekly PLANNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
#1 THING FOR TODAY	#1 THING FOR TODAY	#1 THING FOR TODAY	#1 THING FOR TODAY	#1 THING FOR TODAY	#1 THING FOR TODAY	#1 THING FOR TODAY
AM	AM	AM	AM	AM	AM	AM
NOON	NOON	NOON	NOON	NOON	NOON	NOON
PM	PM	PM	PM	PM	PM	PM

TO DO / TASKS	TO DO / TASKS	TO DO / TASKS	TO DO / TASKS	TO DO / TASKS	TO DO / TASKS	TO DO / TASKS
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I AM THANKFUL FOR:	I AM THANKFUL FOR:	I AM THANKFUL FOR:	I AM THANKFUL FOR:	I AM THANKFUL FOR:	I AM THANKFUL FOR:	I AM THANKFUL FOR:

May

PLANNER

I will
choose
real
everyday

*You
got this!*

MY MONTHLY FOCUS:

MY GOALS:

MAJOR TASKS:

HOW I WANT TO GROW:

WHAT I WANT TO LET GO OF:

BE THE GIFT
HOW CAN I MAKE A DIFFERENCE:

REST / REFILL PLAN:

May REFLECT

*I am
more than
enough!
no matter
what.*

WINS / HIGHLIGHTS

LESSONS

HOW DID I GROW

NEXT TIME / NEXT STEPS

WHAT DO I WANT TO DO MORE OF

WHAT DO I WANT TO DO LESS OF

WHAT AM I THANKFUL FOR